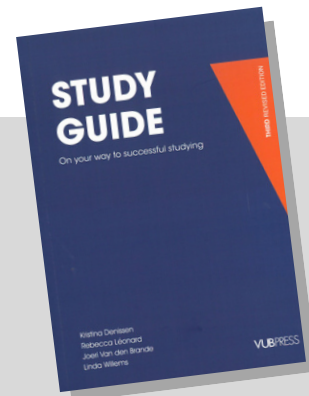


STUDYING



What is a good study method? Studying is and remains a personal matter and is therefore different for everyone. But there's a framework that has proven its effectiveness: **studying active and strategic**. This framework provides you tips and guidelines that consists of three major phases:

1. **Orientation** and **determining your approach**
2. **Processing**
3. **Repeating** and **checking**.

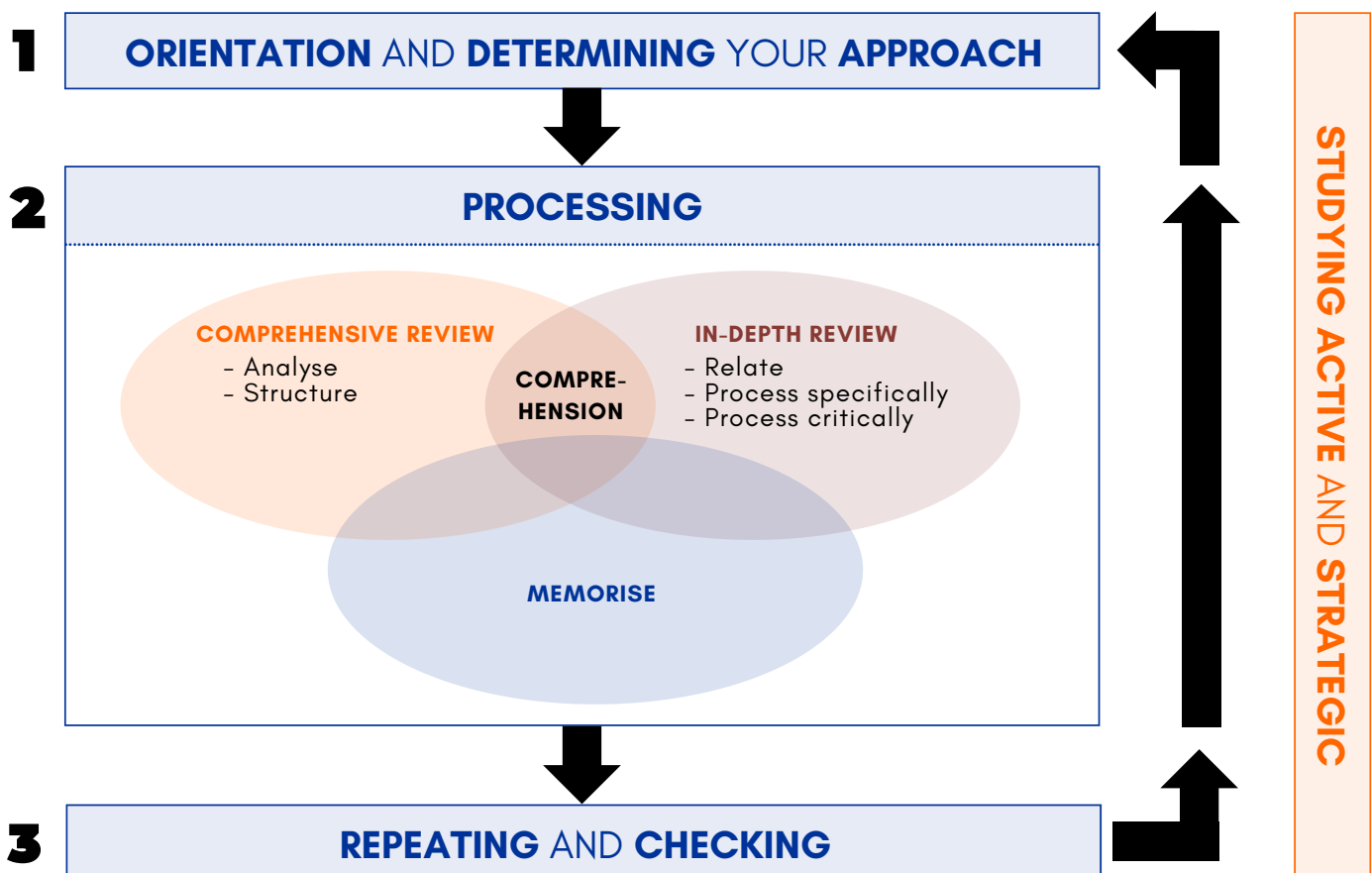
Use this framework as a base and refine it further, until you find an effective study method which works for you.

✓ **Studying ACTIVE**

It refers to the **student's active attitude**. You approach the subject in an active way by linking it to your prior knowledge and expertise. By studying active you make sure that you **understand** the study material **better**, **remember** it **longer** and you can see the **underlying connections**.

✓ **Studying STRATEGIC and GOAL-ORIENTED**

You **adjust your study method** based on the **subject**. This means that you **take into account** the requirements of the **teacher**, the **course material**, the **exam form**, ...



Studying active and strategic...

HOW TO DO THAT?

1

ORIENTATION & DETERMINING YOUR APPROACH

- You get a **first impression** on how the **course** is structured.
- You get a **first sight** of the **general structure** and the **material's parts**.
- you can make **connections** with your **previous knowledge**.
- This information allows you to **determine the approach**.

2

PROCESSING

- This phase takes the **majority of your time**, because you actually work on the study material. You have to **master the new knowledge**, you do this by:
 - **Comprehensive review: analyze and structure the study material**
Analyze means to split a larger whole into parts in which it is composed. When *structuring*, look for the **basic knowledge** and structure. First address to the main issues.
 - **In-depth review: connect and process the study material**
Here you *analyze* the **subject material** on a **deeper level**, paying attention to the **details**. You look for connections and integrate everything into the bigger picture.
 - **Comprehension:** Understanding is a must and is an analytical process, which starts from the structure and in-depth understanding of the study material: one leads to the other. The combination of a thorough and deep review leads to understanding
 - **Memorise:** After a thorough and deep review, you often remember the most important things of the course. However, you will still have to memorize a number of things.

3

REPEATING & CHECKING

- Do you want to **memorize** and **apply acquired knowledge**, then it is necessary to **repeat it**. Repetition consists out of the following three components:
 - **General review**
 - **Recounting**
 - **Checking**